

WomanSpirit

November 22 - 25th, 2007

Times

Thursday November 22nd, 7pm arrival. A light supper will be ready for those who haven't had time for dinner. Sunday November 25th, 2pm finish.

Courses Fee

\$750.00 (Include gst, accommodation, meals, teaching and all materials)

Payment can be made by mail with a registration form or by direct online transfer (call 021 304 916 or 09 629 5950 for account details).

The deposit is non-refundable however is transferable to a later course. Should we cancel the course for any reason the full deposit will be returned to you. A fee of \$200 is retained for cancellations made within 72hrs of course start.

Venue

Aio Wira Centre
Waitakere Ranges

The Aio Wira Centre is a yoga retreat set in a beautiful bush setting about 40minutes drive west of Auckland city. The property is bounded by a stream and nearby beaches with an onsite sauna and meditation sanctuary

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For information about accommodation, travel instructions and pictures of the centre, go to www.airowira.org.nz.

More Information

Registration forms, information about the teachers and comments from people who have done the course can be downloaded as a pdf from www.yellowdoor.com.au.

For more personal attention call Una Ryan on 021 304 916 or 09 629 5950 or email her at urnz@xtra.co.nz to find out whether WomanSpirit is what you need in your life right now.

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